



The Deliberate Dumbing Down of America: 7 Ways the Ruling Elite Are Making Us Dumber

Wake Up World

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If you want to hijack a planet, what could be a better way of doing it than by controlling the populace without them ever knowing? Unaware that anything's going on, the populace would never revolt. Such is the nature of our world's hijack by the invisible enemy — the ruling 'elite' and their silent war on humanity.

In this gross deception, the elite's carefully orchestrated plans have two distinct purposes. *The first purpose* is to deceive the populace into believing that their manufactured lies — psy-ops, falsehoods, distortions, manipulations — are real. To prevent any of this from being found out, a number of deceptions and distractions have been manufactured to take the populaces' attention elsewhere. *The second* is to advance their agenda for total global domination with minimal resistance, because the populace don't know that they've been deceived by the first purpose.

A minority, such as those of us frequenting [the alternative media](#), do indeed know this, but as a safeguard to prevent the 'sleeping masses' from waking up in numbers and causing a revolt, the ruling elite are systematically working to make our society on the whole, *dumber!*

Here are 7 disturbing examples showing how this is happening, and what you can do about it.

1. Increased Toxins

[An article in Time Magazine](#) confirmed that over the last 10 years, increased environmental toxicity has contributed to lowering the average IQ and doubling incidences of developmental disorders, causing steep rises in disorders such as (for example) autism and dyslexia in children. These environmental toxins include [fluoride](#) in our water supplies, a known neurotoxin that causes brain damage and exacerbate the affects of the increased pharmaceutical *drugging* of our children. (More on that in a moment...)

Increased toxins in the environment through industrial pollution, [agrichemicals](#), [geoengineering](#), [vaccines](#), and [more mind-altering drugs](#), are no coincidences. The ruling elite know that [our children are here to bring in the mass awakening](#) needed for planetary transformation. Therefore, the children are seen by the ruling elite as a threat to their agenda and have to be dumbed down.

What will be the net effects of these toxins on our children when they grow into adults?

2. More Mind-Altering Drugs

Adults have also been increasingly drugged (as well as suffering from the increased environmental toxicity). For example, the increased prescribing of opioid painkillers in the USA [has lead to a serious addiction epidemic](#).

Consistent with an increase in [anxiety and depression](#), brain-altering [antidepressants](#) are also being prescribed more than ever. As America increasingly becomes a culture of mind-altered, psychoactive drug users, prescription rates dramatically increasing over recent years. Ironically, hostility, violence, depression and suicide have been found to be common side-effects of antidepressant drugs. (See: [SSRI Antidepressants Put Patients at Clear Risk of Suicide](#).)

Then there are those who have had to pick up the pieces from the consequences of the awful side-effects of these drugs... Sadly, according to a study in the Journal of Psychopharmacology, as many as 247 out of every 100,000 military personnel commit suicide while taking antidepressants – that's more than those who have died fighting in wars.

3. Psychiatry and the ‘Mental Disorder’ Diagnosis fraud

A major reason for the increased drugging has been psychiatry's [Diagnostic and Statistical Manual \(DSM\)](#), which is used to define and therefore diagnose mental disorders. In the 1930's there were only 34 mental disorders listed; now there are over 370. All these disorders have been invented by the psychiatric industry from a collection of symptoms, however *there is [no objective scientific evidence](#) to support their diagnoses — nor is there evidence to support conventional psychiatric treatments*.

Take the case of depression. We are told that this is caused by a biochemical imbalance — a lack of a brain chemical called serotonin — but [there is no evidence to support this claim](#).

“Although widely accepted in the psychiatric industry, [the “chemical imbalance” theory has never been proved in humans](#). [[source](#)] ... Today, psychiatry is finally retreating from its long-held position of “chemical imbalance” in the face of intense criticism of this baseless theory. For instance, Dr. Fred Baughman, board certified neurologist/child neurologist and author of the book [‘The ADHD Fraud — How Psychiatry Makes “Patients” of Normal Children’](#), has testified widely, including hearings at the US Food and Drug Administration (March 2006) and the Congress of Mexico (March 2006), that [there is no proof that any psychiatric disorders have been scientifically validated](#).

“The psychiatric establishment, of course, is slow to acknowledge these facts.”

Yes, the psychiatric industry is a scam, based on vested interests. Remember, the more made-up mental disorders there are, the more drugs can be sold as treatment. This means more revenue for Big Pharma and Government from higher drug sales. This is most clearly demonstrated by the fact that [‘Opposition Defiant Disorder’](#) (ie. non conformity and anti-authoritarianism) is now considered an illness. It couldn't be more transparent!

What about the misery and suffering caused not only by the side-effects of these unnecessary drugs but by the *politics* surrounding them? If you're diagnosed mentally ill, you could have your basic rights taken away by the State, be prevented from seeing your children, be unable to vote, lose your savings etc.

On the subject, I believe it should be a basic right to accept or reject medication for yourself or your children. The right to our choices should not be left to governmental and corporate cronies who are trying to force their money-driven, Statist agenda and ideals. No doubt, we will have to fight for this basic right.

Related reading: [Mandatory Vaccination – What You Need To Consider](#)

4. Toxic Food

Our food and water supplies have been made toxic by design: Besides making us sluggish and foggy minded, a rise in toxic food consumption has contributed greatly to increasing illnesses, in particular, life-threatening diseases such as cancer. Remember, it isn't just about dumbing us down; the ruling elite also want a significant [global depopulation](#) to make their tyrannical rule of a dumbed down society, easier.

Consider [toxic junk food](#). This is essentially processed, unnatural, chemical laden, high in [sugar](#), salt and nasty trans-fats, overcooked and irradiated, and deficient in vitamin, enzyme and mineral content – all of which, if consumed frequently and long-term, contributes to [acidifying the body](#), which in turn leads to illness.

Related reading: [Video: What Happens In Your Body When You Eat Processed Foods](#)

GMO's and their toxic genes have also contributed to the sharp rise in illness in the modern era.

The primary reason GM crops are engineered is to allow them to drink poison ([pesticides](#)), and survive. They are inserted with foreign genes that allow them to absorb what would otherwise be deadly doses of poisonous herbicides, fungicides and insecticides. These crops can be sprayed at extremely high doses, killing everything around them but leaving the crop intact. (2)

But it is not simply the poison in which they are coated that adversely effects on human health, it is also the essence of the modified genes themselves...

GM food manipulates the natural essence of these foods by altering their DNA, which is the inherited material of life. ... [This] [disrupts the gene itself](#); it distorts the balance of gene function. (3) ... [which is] then absorbed by the cells of the body. This means that this altered DNA becomes integrated into our own genetic code, distorting DNA and genome. And this is irreversible. (4)

If that wasn't enough, the new generation of GM seeds contain bacterial genes that enables the plant to produce natural toxic herbicides and pesticides, allegedly protecting the crop. These

abnormal bacterial genes transfer to the [normal bacteria](#) that inhabit our gut, and we end up with a bacteria that produces herbicide and pesticides within our own intestines. (5)

Source: [How GMO Foods Turn Your Intestines Into an Insecticide Factory](#)

The solution, to prevent and reverse illness, is to [alkalize](#) the body by eating natural immune system building alkaline foods and drinking plenty of good clean water. Eat organic foods free from GMO's and agricultural chemicals. Learn to discern the [deceptive marketing](#) that fools consumers into buying products that are not organic or natural.

5. 'Common Core' Education

The modern education system is yet another dumbing-down agenda. As I have been saying for some time now, the education system ultimately serves to program and brainwash young people to fit into the corporate employment agenda, treating kids like cogs in the wheels rather than as individuals with individual needs. (For more on this, please read [The Education System Deception](#).)

We know that the state education system is now giving children as young as *5 years old* exam-based curricula. I suspect that the hidden motive behind this is to stop children from playing and developing their creative abilities. Why? The ruling elite don't want young people to grow up and be creative, or to think outside the box, because they perceive those traits as a threat. [Creativity means getting in touch with one's own consciousness](#) which, if willfully intended, can manifest a reality totally different to the current imprisoning *status quo*.

One way by which the war on our children will become visible to the uninformed is when the State tries to put an end to homeschooling, in whatever way they can. But, like the right to medical choice, I believe it is a parent's sovereign right to choose how their children should be educated. Parents must have the freedom to pull their child away from state education and choose homeschooling, or even [unschooling](#), if this is what they want.

6. The Suppression of Free Speech

“The smart way to keep people passive and obedient is to strictly limit the spectrum of acceptable opinion, but allow very lively debate within that spectrum.” ~ Noam Chomsky

Internet and media censorship, and [political correctness \(with all its rules and regulations\)](#) both serve to limit the way we express ourselves. An example of political correctness gone mad is that music teachers in the U.S. have been told that pupils can no longer sing the song 'Baa Baa Black Sheep.' In line with political correctness, it must be called 'Baa Baa *Happy* Sheep'!!

The principled [First Amendment](#) was written to allow the flow of free speech without government interference. It preserves the right of any person in any minority to say what they

want, while protecting them from the opposing majority. However, what we're witnessing today at unprecedented levels is the denial of our self-expression and right to free speech.

For some time, internet and social media giants such as Google, Facebook and Twitter have been increasingly censoring the online world. Alternative news websites are increasingly censored, and their social following inhibited. And if you are deemed by these corporations to be engaged in 'anti-government speech', for example, then you will be deleted on the basis of 'extremism.'

In a protest/activism setting, [agent provocateurs](#) are employed by Government to actively derail protest rallies that express discontent with government policy. By posing as protesters and inciting violence, they tarnish the reputation of the movement they infiltrate and, with the support of the mainstream media, undermine the movement's message.

Consequently, we're facing a crisis where citizens' ability to think for themselves, communicate opinions, or disagree with government is seriously under threat.

There are a number of dastardly ulterior motives to this which, in effect, serve to dumb us down. If the masses succumb to this encroachment, they will be:

- Incapable of critical thinking
- More easily controlled and manipulated
- Limited when making choices
- The unhealthy side of skepticism
- More intolerant
- More blindly accepting of authorities and the general consensus of the masses
- Likely to cause protest riots from bottling up the thoughts, feelings, emotions... as a consequence of free speech suppression.

To uphold the constitution and [preserve our rights to free speech](#), we have to actively defy its suppression. We have to speak out and confront those control freaks (and their agent provocateurs) whose ulterior motive is to keep us *quiet*. We have a basic human right to express our opinions publicly, and wave a banner of protest if we see fit.

Related reading: [The First Amendment – The REAL Patriot Act](#)

7. The Mainstream Media

In the silent war on humanity, the mainstream media is a clear and present danger. With its [mind-controlling propaganda](#) and mindless distraction factor, our society is in danger of becoming irreversibly enslaved without ever realizing the ulterior motives connected to their enslavement.

“This country's biggest misconception is the simple concept that a [news] viewer can be given [two politically-charged options](#) on television, of which both are openly and fiercely biased to their sponsors' interests, and can then watch *both* these compromised sides and walk away fully informed. Deep down, most already know this to be a false security, yet do not want

to admit it to themselves for fear that the admission would then cast doubt on their entire lifetime of commitment to, and acceptance of, this [broken system](#).

“Most continue to participate in this façade because they are falsely led to believe that there are no other options; that this system is the pinnacle of thousands of years of development building toward a better system of democracy...”

In reality, the [mainstream media](#) is there to help maintain the status quo. A highly effective tool for simultaneously steering public thought and driving social norms, it is the ultimate weapon in the war to dumb us down.

Finally...

Although this article is by no means a complete A-Z, these 7 examples clearly show how the ruling elite are systematically working to make our society dumber.

Those who genuinely care to see these things as they are know: if we are going to reclaim our minds, we have no other choice than to take the necessary opposing action.

About the author:

[Paul Philips](#): My blogs, articles and videos and my related alternative news/natural health website [NewParadigm.ws](#) are my stand for the possibility of creating a world that makes a difference for everyone. I graduated in biomedical sciences. My website is slanted on health matters and exposes the related deceptions...